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Closing your Circle of Care with MyDiaBase+RxChecker...

A Breakthrough in Diabetes Education and Self Care

- ❖ Imagine a new tool that provides an objective **second opinion** to any diabetes medical prescription.
- ❖ Imagine something patients like you can carry around on a key chain or in a pocket.
- ❖ Imagine something containing every bit of personal diabetes self-management history, from diagnosis to today, and all the way into the future.
- ❖ Imagine a device that can send SMBG data to the doctor at the click of a button.
- ❖ Imagine learning when to contact your care givers and what to talk about.
- ❖ You are imagining something we call 'MyDiabase+RxChecker', specifically, a 'Personal Diabetes Database' and 'Personal Diabetes Prescription Checker'.

What does a Personal Diabetes Prescription Checker do?

Primarily, it is an educational tool for any person like yourself who is committed to better health. Whether on diet only, tablets or insulin, it educates you how to identify problems.

You learn how to check your current diabetes prescription(Rx).

You learn if your prescription needs to be updated.

You can do this crucial check at any time.

You do this check regularly, probably, for the rest of your life.

You learn when you need to talk to your doctor.

Most importantly, you discover what you should talk about.

All in all, it's every bit like getting a virtual **second opinion**.

Using RxChecker in MyDiaBase



All MyDiaBase Flash Drives include RxChecker

Simply insert the MyDiaBase flash drive into the USB port of any PC running any version of Windows.

Then, enter current body height under Registration > Patient.

Then, enter the diabetes prescription, including, medication types and dosages.

Next, input SMBG(Self Monitored Blood Glucose) profile data from 2 or more days.

You are ready for your first personal prescription check, a veritable 2nd Opinion.

You should do this as directed by or in conjunction with your health care provider.

The Elements of your Personal Diabetes Prescription Check

You will learn about your body mass index and then track your body weight history.

You will be cautioned if any of your diabetes medications are outside accepted limits.

You will visually see your own, current, blood glucose profile.

You will learn about your SMBG ranges and the risks of hyper- and hypo-glycemia.
You will compare your profile to what your doctor expects you to achieve.
You will appreciate the quality of your blood glucose control.
You will explore potential medication changes with the help of a built-in simulator.
The simulator will predict possible changes in A1c or glycated hemoglobin levels.
Then, with the click of a button, you will see where your doctor wants you to be.
You will learn ways to minimize the risks of hypoglycemia (low blood sugar).
You will learn ways to minimize the risks of hyperglycemia (high blood sugars).
You will print out the results of your prescription check.
You may be advised to talk to your doctor. Also, you will know what to talk about.

What MyDiaBase and RxChecker help persons with diabetes achieve

If everything is as it should be, the RxChecker helps you **not to worry**.
However, if everything is **not** as it should be, the Diabetes RxChecker teaches you precisely where there is **cause for worry**.
It predicts where improvement may be made.
It also helps you take this crucial information back to your doctor.
Your doctor will consider these predictions.
Then, the doctor may update your diabetes prescription.
Using the MyDiaBase and RxChecker often, you **stop worrying**.
It's just as simple as that!

MyDiaBase and the Personal Diabetes RxChecker

The RxChecker is reusable.
It can be used at any time, as often as necessary.
The technology is simple and robust.
Every Personal Diabetes RxChecker is contained in a standard USB flash drive.
The flash drive also includes the personal diabetes database.
MyDiaBase holds all your numbers.
You can insert your MyDiaBase+RxChecker into any PC at any time.
It is simply removed when the personal prescription check is done.
Nothing identifying you is left behind on the PC.
Personal data are secure and their confidentiality is totally under your control.
Furthermore, personal data are internally secured with a password, in case your flash drive is lost or stolen.

Satisfying a Personal Need?

Do persons with diabetes need MyDiaBase and a Prescription Checker?
Everyone with diabetes is at risk for one or more of the devastating complications peculiar to diabetes. According to the American Diabetes Association and the National Institutes of Health in the US, most will suffer these complications because their diabetes is poorly controlled. In large part this is a prescription(Rx) problem.
MyDiaBase helps you track your diabetes. Your Personal Diabetes RxChecker can help you know when you should talk to your doctor about your diabetes prescription.

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